



Sacred Heart RC Primary School - After School Clubs Spring Term 2020

Monday	Running	Years 3-6 Max 20	Tim Cook Run 4 Fun	Tim from Werrington Joggers coaches the pupils. This is a great opportunity for children to take part in this increasingly popular sport and serves as great preparation for forthcoming sports events
	Cooking	Years 1-2 Max 10	Ms Duffy	Pupils will be cooking a range of dishes at this popular club
Tuesday	Let's get healthy	Years 3-6 Max 12	Solutions for health	Pupils will be encouraged to be active through a variety of fun games and they will hear about making healthy food choices. This is an 8 week course and only open to pupils who have not attended the club before. A form will need to be completed before booking this club – please see the office
	Cooking	Years 3-6 Max 10	Ms Duffy	Pupils will be cooking a range of dishes at this popular club
	Hockey	Years 1-2 Max 20	Key Sports	Learn new skills and find out the rules of this game
Wednesday	Dance	Years 3-6 Max 25	Miss Spaven & Mrs Longden	Learn new dance moves and have fun preparing for a performance in front of a large audience at the Cresset in February. Not open to new members this term
	NFL	Years 3-6 Max 20	Key Sports	Learn to play Flag American Football. This is a non-contact version of this exciting game
Thursday	NFL	Years 3-6 Max 10	Key Sports	Practise for the Flag American Football team. Pupils will be invited to attend this session
	Strictly comes to Sacred Heart	Years 2-4 Max 30	Mrs Nash & Miss Houghton	Dance like the professionals! We may not have a glitter ball but we have the skills to teach you to glide across the floor.
Friday	Ball games	Years 1-2 Max 20	Key Sports	Improve your ball skills and enjoy team games in this club

Please note: clubs run from 3.15 to 4.15pm unless otherwise stated. Clubs start in the week beginning 13th January and finish in the week ending 27th March. There will be no clubs in the week beginning 17th February or 3rd March. The above clubs are offered free of charge. For this term please book your place on PMX (max 2 spaces).

The maximum number of clubs a pupil can normally attend is 2 to ensure that as many families benefit from these opportunities. Please ensure your child is happy to attend the club chosen and knows what will be involved. Poor attendance or difficulties with your child participating may lead to their place being offered to another pupil.

Simply Out of School run an after school club. Contact directly on tel: 07943804589 or email: Danielle@simplyoutofschool.co.uk