



**Sacred Heart Catholic Primary School**

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**Headteacher: Mr T Claxton**

Tuesday 17<sup>th</sup> January

Dear parents/carers,

We understand that some children may be using social media whilst outside of school. Whilst we understand that children may wish to access these things, unrestricted access to the internet has been proven to have a detrimental impact on children's emotional well-being.

Most social media apps have an age restriction of 13 years and therefore as a school we believe that no child at Sacred Heart should be accessing these platforms (including Tik Tok and Instagram). Whilst we know that this is difficult for parents to police, it is vital for the safety and well-being of all children that parental controls are regularly checked on any device that your child may own or have access to.

Please find a link to the NSPCC website for more information: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/>

Yours sincerely,

Mr Claxton



**TeachFirst**  
Partner School



**Together we live and learn; we play and pray**